



**Longwood 50+ Center**

**December 2018**

**Days of Operation: Tuesday 8:30am – 3:00pm**  
**Wednesday 8:30am – 4:00pm**

**6150 Foreland Garth**  
**Columbia, MD 21045**  
**410-313-7217**

**Director: Kari Weidner**

**[www.howardcountyaging.org](http://www.howardcountyaging.org)**

Monday December 3, 2018	Tuesday December 4, 2018	Wednesday December 5, 2018	Thursday December 6, 2018	Friday December 7, 2018
	中国式健身操 9:00am 钩编/针织/尊巴舞 10:00am 午餐 <b>12Noon</b> 乒乓与游戏 1:30-3:00pm	中国式健身操 9:00am 尊巴 10:00am 午餐 <b>12Noon</b> 乒乓与游戏 2:00-4:00pm		
Monday December 10, 2018	Tuesday December 11, 2018	Wednesday December 12, 2018	Thursday December 13, 2018	Friday December 14, 2018
	中国式健身操 9:00am 钩编/针织/尊巴舞 10:00am 午餐 <b>12Noon</b> 乒乓与游戏 1:30-3:00pm	中国式健身操 9:00am 宾果 10:00am 午餐 <b>12Noon</b> 乒乓与游戏 2:00-4:00pm		
Monday December 17, 2018	Tuesday December 18, 2018	Wednesday December 19, 2018	Thursday December 20, 2018	Friday December 21, 2018
	中国式健身操 9:00am 钩编/针织/尊巴舞 10:00am 午餐 <b>12Noon</b> 乒乓与游戏 1:30-3:00pm	中国式健身操 9:00am 尊巴 10:00am 假日派对 <b>12Noon</b> 乒乓与游戏 2:00-4:00pm		
Monday December 24, 2018	Tuesday December 25, 2018	Wednesday December 26, 2018	Thursday December 27, 2018	Friday December 28, 2018
	圣诞快乐 	中国式健身操 9:00am 尊巴 10:00am 午餐 <b>12Noon</b> 乒乓与游戏 2:00-4:00pm		
Monday December 31, 2018				
新的一年 				

